Knoxville, Tennessee www.knoxago.org February 2019

The Tracker

A publication of the
Knoxville Chapter of the American Guild of Organists

Befriending the Butterflies: Techniques for reducing (and even embracing!) performance anxiety for church musicians

presented by Dr. Edie Johnson

Monday, February 4

7:30 p.m.

Our Lady of Fatima Catholic Church

858 Louisville Road

Alcoa, TN

Join us as we learn techniques for reducing stress and anxiety, not only in performance but in our daily lives. Dr. Johnson will share with us her many years of research and teaching on how to use mental imagery in music learning, teaching, and performing in order to optimize practice sessions and relieve performance anxieties.

Dinner is at 6:30 p.m.
Please send last page of newsletter for reservation information.

A Message from the Dean… Terrye Danner

Happy New Year and best wishes to each of you! I trust that you had some enjoyable and restful hours during the holidays after making a tremendous amount of great music during the Christmas season. Can you believe that we are already one month into 2019?

You will be proud to know that I have heard nothing but rave reviews about our December AGO meeting – an Advent Lessons and Carols Service held at the Cathedral of the Most Sacred Heart of Jesus in Knoxville. Many thanks to Rob Lynch, our Sub-Dean, and Glenn Kahler, Director of Music and Liturgy at the Cathedral, for coordinating and orchestrating this very meaningful program. Additionally, a special thank you to our own members (Andrew Morehead, John Brock, Brenda Goslee, and Rob Lynch) who, despite the rigors of the Christmas season for church musicians, prepared and presented very meaningful and appropriate organ selections following each scripture reading from Isaiah. I would be remiss to not include appreciation for the congregational Advent carols, selections by the Knoxville Diocesan Choir, and The Scruffy City Orchestra, all of which created a memorable evening in December.

A new year brings a time for new beginnings. Our Nominations Committee for the 2019-2020 AGO year is already hard at work. John Brock, chair, along with Peter Van Eenam, Joy Fournier, Eileen Rudd, and Jason Overall have planned a meeting for January 21 and are making plans to fill the needed positions for our next year. The offices to be filled are: Dean (normally filled by our existing Sub-Dean), Sub-Dean, Secretary, Treasurer, Registrar, Membership Coordinator, 2 Auditors, and 1 Member-at-large (3 year term expiring 2022). Nominees will be submitted to the executive board by March with a vote of approval by AGO members in April and installation of officers in May. If you have any recommendation(s) for officers, please submit the names to John Brock, jbrock@utk.edu.

Our next meeting will take place on Monday, February 4, 2019, at Our Lady of Fatima Catholic Church, 858 Louisville Road, Alcoa, TN. The program for the evening will be presented by Dr. Edie Johnson and is titled: "Befriending the Butterflies for Reducing Performance Anxiety for Church Musicians." Who among us will not be able to benefit from this insightful presentation? We will meet for dinner at 6:30 with the program beginning at 7:30.

As I close my "message" to you, I want to share something that I read recently. An old legend holds that music is the language of the angels, and we can't help but experience the divine in it. Mark Christian, a pastor in Oklahoma City, got it right when he said that when we listen to music, or when we make music, we are "swept into something seemingly eternal where life and love and God begin to make sense". Perhaps it is enough to say that we make music, we love music, because we are created in the image of God, and as theologian W. Paul Jones puts it, "Next to silence, that which comes nearest to expressing the inexpressible mystery of God is music." How well this describes, for many of us, the reason we are on the organ bench Sunday after Sunday!

Quote to remember: "Music is an agreeable harmony for the honor of God and the permissible delights of the soul." – Johann Sebastian Bach

Looking forward to seeing you in February. I have missed you!

Blessings,
Terrye

Befriending the Butterflies: Techniques for reducing (and even embracing!) performance anxiety for church musicians presented by Dr. Edie Johnson

All of us have experienced the "butterflies" before a musical performance, a speech, or a confrontation with another individual. Physiological responses such as trembling, shortness of breath, nervous stomach, or cold hands can prevent us from performing or speaking at our highest level. This interactive session will help identify situations that cause anxiety and techniques to relieve or embrace these physiological sensations. Oftentimes, the physical effects of so-called "nervousness" can often help us think more clearly and perform at a higher level!

The session is not only for performing musicians, but it is for anyone who wants to reduce anxiety in daily life. We will explore together visualization and relaxation techniques, skills to keep our minds sharp and in control, as well as ways in which our smartphones can help us reduce anxiety. These habits can help us improve our communication, relationships, and overall quality of life.

Edie Johnson is the Organist and Music Associate at Church Street United Methodist Church in Knoxville, TN. She is also an adjunct faculty member in the School of Music at University of Tennessee, Knoxville where she teaches private organ lessons and courses in organ literature and sacred music.

At age 13, Dr. Johnson began organ study with Johnny Bradburn at Christ United Methodist Church in Greensboro, N.C. She completed the B. Mus. in organ, *Magna cum laude*, at Furman University, as a student of Charles Tompkins. She then earned both the Master and Doctor of Music degrees at the Jacobs School of Music at Indiana University, studying with Larry Smith.

Edie studies Alexander Technique with Lilly Sutton here in the Knoxville Area. She became interested in mental rehearsal techniques and reduction of performance anxiety while a student at The Jacobs School.

Pipe Organ Encounters 2019

The 2019 Pipe Organ Encounters are open for registration! Enrollment is starting to fill up, with one event already half full. Early registration deadlines range from March 1 to March 31 across six POE sites. Scholarships are available for all POEs offered in 2019.

This year, for the first time, one of the traditional POEs is taking place in Europe, hosted by the Finland Chapter in Helsinki. Three other POEs are in the Northeast, North Central, and West Regions of the USA: Cape Cod, MA.; St. Louis, MO.; and Seattle, WA.

For those already well-informed about the organ, the AGO is sponsoring a POE Advanced in Houston, Tex., and a POE Technical in Chicago, Ill. The POE Advanced will take place June 23-28. Faculty will be Jeong-Suk Bae, Ken Cowan, Isabelle Demers, Stefan Engels, Rhonda Furr, Anne Laver, Daryl Robinson, and Catherine Rodland. Other guest artists include S. Andrew Lloyd and Tom Trenney, who will both present a class. Mr. Trenney will be featured in a silent film performance. Lessons and practice will be on an eclectic group of instruments, including: Aeolian-Skinner (IV/97), Beckerath (III/48), Fisk/Rosales (III/84), Fritts (III/75), Létourneau (III/58), Nichols & Simpson (IV/85), and Schoenstein (II/17).

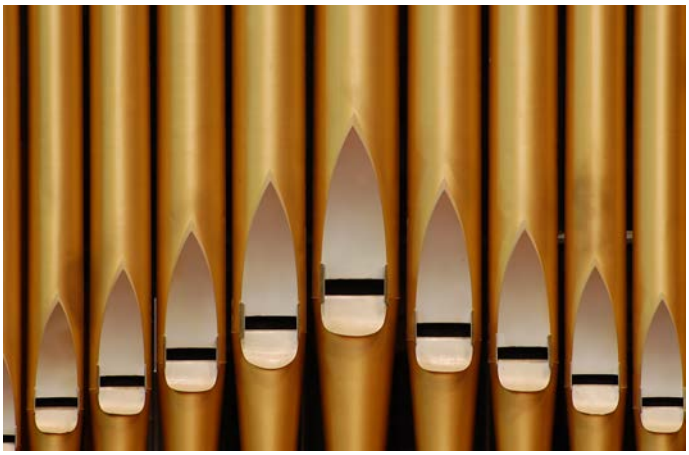
Pipe Organ Encounter Advanced (POEA) *is for participants in grades 9-12 who have achieved a high level in organ study. Prospective attendees must submit an audition recording to apply. A POEA provides daily lessons and a unique opportunity for participants to meet and interact with peers who have similar interests.*

Chicago, Ill. Pipe Organ Encounter Technical (POE Tech) is a program sponsored by the AGO and the Associated Pipe Organ Builders of America (APOBA). The event is designed for participants aged 16-23 who express interest in learning the art and craftsmanship of organ building. Interested applicants may have or may be seeking experience and expertise in woodworking, electrical skills and construction. The POE Tech course will be held in Chicago, IL, July 21–27, at the organ shop of Berghaus Organ Builders. Participants will have the opportunity to learn the history, design, construction, and maintenance of the pipe organ. Additionally, the course will offer opportunities to visit and play some of the finest instruments the city has to offer.

Pipe Organ Encounter Technical (POE-Tech) *is for participants aged 16-23 who are interested in learning the art and craft of organ building. Participants are not required to have studied the organ, and may possess or be seeking expertise in woodworking, electrical skills and construction. The week includes a course in the history, design, construction and maintenance of the pipe organ. Classes will include study of the work of various builders, pipe building and voicing, tonal design and visits to builders' shops. Opportunities to play and explore a variety of instruments and attend pipe organ concerts are also offered.*

Apply online at www.POEA2019.com

Young Organist Competition 2019



Sponsored by the
Greater Columbia AGO Chapter

Saturday, March 9, 2019

Open to Grades 8 – 12

First Prize $1500
Second Prize $1000
Third Prize $750
Hymn Playing Award $250
Bach Playing Award $250

For rules and application, see
www.columbiaago.org
For more information contact
franceswebb@sc.rr.com or 803-772-1492

Sunday, February 3 @ 5 p.m. Choral Evensong for the Season after Epiphany. St. John's Cathedral, 413 Cumberland Avenue, Knoxville, TN. The Cathedral Choir of Trebles and Adults will sing Choral Evensong with music by Charles Villiers Stanford, Jonathan Dove, and Philip Radcliffe.

Monday, February 4 @ 12:00 pm (doors open at 11:30 p.m. Tennessee Theatre, 604 South Gay Street, Knoxville, TN Enjoy a Mighty Wurlitzer organ performances by Freddie Brabson and special guests, vocal finalists from the ACE Awards. https://www.tennesseetheatre.com/event/714900/mighty-musical-monday-with-ace-awards-vocal-finalists-presented-by-lhp-capital-llc/

Friday, February 8 @ 8:00 pm Westminster Presbyterian, 6500 S. Northshore Drive, Knoxville, TN MUSICA ORGANI will present German-born organist Jens Korndörfer in recital. He is a triple prizewinner of the Canadian International Organ Competition and Director of Worship and the Arts and Organist at First Presbyterian Church, Atlanta. His program will feature works by J. S. Bach, Daquin, Rheinberger, and Sweelinck, among others.

Monday, February 18 @ 12:05 pm. Central UMC, 201 East Third Street, Knoxville, TN Vocal Recital with soprano Linda Williams and contralto Margaret Elliott.

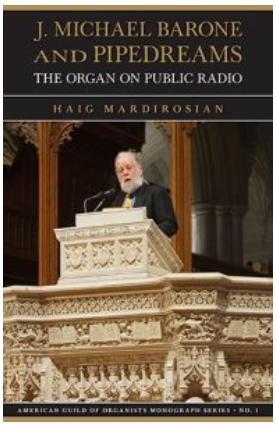
Tuesday, February 19 @ 7:30 pm. Church Street UMC, 900 Henley Street. Katie Johnson-Webb, horn and Fay Adams, piano.

Thursday, March 7 @ 7:30 p.m. Church of the Ascension, 800 South Northshore Drive, Knoxville, TN. The **Vienna Boys Choir** will bring the continental choral aesthetic to life. A cultural ambassador for Austria through its touring tradition, the Vienna Boys Choir has a rich and illustrious history (having worked with Mozart, Schubert, and Bruckner, among others)**.** Tickets are $30. Student tickets are $20
http://www.knoxvilleascension.org/foma/

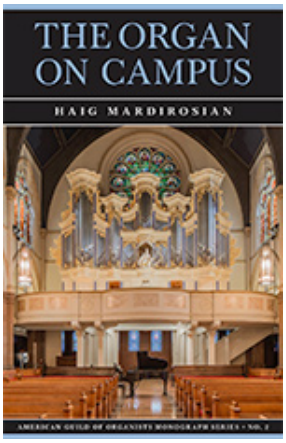
AGO Monograph Series

https://www.agohq.org/volume-2-ago-monograph-series-released/

The American Guild of Organists announces a series of short book-length monographs on topics about the organ and the organ playing community. The AGO Monograph Series will offer in-depth and researched stories about the world of the organ: instruments, persons, trends, places, and traditions. The AGO Monograph Series will be made available as a free download to AGO members and other interested parties. The monographs can also be purchased in hard copy format as they become available. The first two volumes are now available as downloads.



No. 1: J. Michael Barone and Pipedreams: The Organ on Public Radio
Michael Barone celebrates 50 years with Minnesota Public Radio. He was with the original stations that spawned the media giant nearly from its start. More importantly, hecreated a unique presence for the organ on the airwaves, produced a trove of original and important recordings, and 35 years ago, created the foremost organ-centered broadcast, Pipedreams. Read the accounts of how this came to be. **This publication is now available as a downloadable document (go to web address above).** You can also purchase a printed edition in the AGO online store – see the "Music/Essays/Catalog" section.



No. 2: The Organ on Campus
While we may, at first glance, assume that the role of the organ on university and music school campuses affects those majoring students who have chosen to earn degrees and pursue careers, we learn that the place of fine instruments on campuses serves goals beyond teaching and learning. What is the real influence and cultural meaning of the organ on campus as told through the eyes of faculty, students, administrators, and the academic community? **This publication is now available as a downloadable document (go to web address above).** You can also purchase a printed edition in the AGO online store – see the "Music/Essays/Catalog" section.

No. 3: The Making of a Virtuoso Organist
A select few individuals, through some mixture of talent, effort, teaching pedigree, smart career formation, and just plain luck advance to careers largely centered on concert performance. How are these virtuoso personalities "made"? A handful of young but established artists disclose their own routes to virtuosity, the joys and frustrations of the performing life, and the everyday work of making music on stage. **(Available late Fall 2018)**

Knoxville Chapter of
The American Guild of Organists
2018-2019 Programs

Monday, September 10
Jonathan Easter, organ
First Presbyterian Church
Knoxville, TN

Tuesday, October 16
Woosug Kang, organ
Church Street UMC
Knoxville, TN

Monday, November 5
Marriage of Convenience or Match Made in Heaven: Text and Tune Combinations in Hymns
Mel Bringle
First Presbyterian Church
Oak Ridge, TN

Monday, December 17
Lessons and Carols Service
Sacred Heart Cathedral
Knoxville, TN

No meeting in January

Monday, February 4
Befriending the Butterflies: Techniques for reducing (and even embracing!) performance anxiety for church musicians
Dr. Edie Johnson
Our Lady of Fatima Church
Alcoa, TN

Tuesday, March 5
Brian Glikes, organ
First UMC
Oak Ridge, TN

Tuesday, April 9
AGO Student Recital
Tennessee Valley Unitarian Universalist Church
Knoxville, TN

Monday, May 6
AGO Member Recital
Location TBD

The Grand Strand Chapter of the American Guild of Organists cordially invites you and your family to the 2019 Regional Convention in iconic Myrtle Beach, South Carolina. Enjoy the area's finest organs, the Southeast's most exciting artists, informative workshops and luxurious accommodations in one of the nation's top destinations. Easy accessibility by air or interstate will make your trip a delight. Enjoy the music, learn from your colleagues and make it a vacation experience you'll remember for a lifetime. We can't wait to welcome you and to make your 2019 AGO SE experience the best possible. Thank you for choosing AGO SE 2019 Myrtle Beach today!

Billy Fallaw & Brian Monroe, Co-chairs #AGOSE2019 Myrtle Beach

http://www.cvent.com/events/2019-ago-southeast-regional-convention-myrtle-beach/event-summary-8bde0ecea92449a0a7f6ff7c4bf30a25.aspx?dvce=1

@ KNOXVILLE AGO

2018/2019 AGO Board Members

Terrye Danner, Dean; tadanner@charter.net
Rob Lynch, Sub-Dean; pianorob88@hotmail.com
Mary Phillips, Secretary; phillips.mary95@yahoo.com
John Brock, Treasurer; jbrock@utk.edu
Simon Hogg, Past Dean; shogg86@me.com
Karl Jacob, Registrar; karljake@gmail.com
Andrew Morehead, Membership Coordinator; bamorehead@gmail.com
Gail Hafner, Member-at-Large 2019; gailandart@charter.net
Brenda Goslee, Member-at-Large 2020; brendagoslee@gmail.com
Seth O'Kegley, Member-at-Large 2021; okegley.seth@gmail.com
Deborah Sanders, Auditor; sbsdeb@musfiber.com
Cynthia Moses, Auditor; cynthia@c21mmr.com

Need a Sub!! Here is a list of those available in our area.

Elsilynn Barber	elsilynnbarber@yahoo.com	423-779-8434
John Brock	jbrock@utk.edu	865-577-7153
Brenda Goslee	bgoslee@juno.com (non-Sunday mornings only)	865-776-4494
Karen Ladd	kladd@utk.edu	865-690-9488
Beverly Landguth	bevlandguth141@gmail.com	843-422-0070
Mary Phillips	phillips.mary95@yahoo.com	615-414-0526
Ann Schwartz	302fas@gmail.com	423-884-3994

ARE YOU AVAILABLE TO SUB?
EMAIL tnewsom3@utk.edu TO BE ADDED TO THIS LIST

****** Dinner Reservations ******

Please make your dinner reservations for
Monday, February 4, 2019
Our Lady of Fatima, Alcoa, TN
Thursday, January 31. The cost is $12.00
Contact: Karl Jacob at 865-335-1174 or karljake@aol.com